

## Cafe DinerMite 4-Weekly Menu Selection

Monday 1	Tuesday 1	Wednesday 1	Thursday 1	Friday 1
Mediterranean Chicken with Noodles	Meatballs in a tomato sauce with wholemeal pasta	Moroccan Lamb Pie	Roast Chicken	Oven Baked Battered Cod
Quorn Vegetable & Bean Chilli	Cheese & Tomato Quiche	Vegetable Plait	Leek Mushroom Potato Bake	Cauliflower, Broccoli Cheese
Peas		Diced Herb Potatoes	Roast Potatoes	Chipped Potatoes
Green beans	Sweetcorn	Mixed vegetables	Cauliflower Broccoli	Sweetcorn Baked Beans
Eve's Pudding with Custard	Ginger Sponge	Jam Tart & Custard	Lemon Meringue Pie	Banoffee Pie
Monday 2	Tuesday 2	Wednesday 2	Thursday 2	Friday 2
Local Butchers Sausage Casserole	Chicken & Vegetable Pie	Beef Balti with Naan	Baked Gammon Ham	Oven Baked Battered Cod
Vegetable & Lentil Lasagne	Wholemeal Pasta, Peas & Sweetcorn Medley in a Cheese Sauce	Cheese & Tomato Quiche	Quorn Vegetable & Bean Wrap	Cauliflower & Broccoli Bake
Mashed Potatoes	Mashed Potato	Rice	Roast Potatoes	Chipped Potatoes
Mixed Vegetables	Carrots	Potato wedges	Peas	Peas
	Broccoli	Green Beans	Carrots	Baked Beans
Oattie Apple Crumble	Bakewell Tart & Custard	Blackcurrant Crumble	Jam Sponge with Custard	Toffee Cream Tart
Monday 3	Tuesday 3	Wednesday 3	Thursday 3	Friday 3
Giant Yorkshire Pudding with Minced Beef & Vegetables	Jerk Chicken	Beef Enchaladas	Roast Pork & Yorkshire	Oven Baked Battered Cod
Stuffed Mushrooms	Wholemeal Pasta Margherita	Cheese & Tomato Quiche	Quorn Vegetable & Bean Moussaka	Homemade CheesePotato Pasty
Potato Wedges	Pea & Sweetcorn Rice		Roast Potatoes	Chipped Potatoes
Mixed Vegetables	Carrots	Jacket Potato Wedges	Cauliflower	Baked Beans
		Green Beans	Broccoli	Sweetcorn
Apple & pear Crumble & Custard	Sticky Toffee Pudding	Chocolate SpongePud & Sauce	Jam Roly Poly with Custard	Fruit Cheesecake
Monday 4	Tuesday 4	Wednesday 4	Thursday 4	Friday 4
Beef Lasagne & Garlic Bread	Sausage Plait	Chicken Korma + Naan	Roast Beef & Yorkshire	Oven Baked Battered Cod
Quorn & Vegetable Biryani	Creamy Mushroom Wholemeal Pasta with Garlic Bread	Homemade Vegetable Pasty	Quorn Sausage Casserole	Chilli Vegetable Bean Enchalada
Rice	Mashed Potato	Wholegrain Rice	Roast Potatoes	Chipped Potatoes
Mixed Vegetables	Baked Beans	Mashed Potato	Roast Parsnips	Baked Beans
		Green Beans	Cabbage	Peas
Lemon Sponge Pudding	Cherry Crumble Tart	Ginger Sponge Pudding	Crunchy Cornflake Tart	Fruit Trifle